

EXAM DATE : 02/03/2019

SET-2

Code No. 1/1/2

Class XII
English (Core)
(CBSE 2019)

Time : 3 Hrs.

Max. Marks : 100

GENERAL INSTRUCTIONS :

1. This paper is divided into three sections: A, B and C.
2. This question paper contains 12 questions.
3. All the sections are compulsory.
4. Read the instructions very carefully given with each section and question and follow them faithfully.
5. Do not exceed the prescribed word limit while answering the questions.

Section-A (Reading)

(30)

1. Read the passage given below:

20

1. All of Earth's oceans share one thing in common: plastic pollution. Discarded plastic bags, cups, and bottles make their way into the sea. Today, it seems that no part of the ocean is safe from plastic trash. In recent years, oceanographers have searched in vain for a pristine marine environment. They have found plastic everywhere they have looked. "It is a common global problem, we can't point to a single habitat or location with no plastic."
2. Plastic harms wildlife and introduces dangerous chemicals into marine ecosystems — communities of organisms interacting with their surroundings. Once plastic enters the environment, it lasts a long time. Scientists are working to prevent plastic pollution from entering the sea.
3. When people litter, or when trash is not properly disposed of, things like plastic bags, bottles, straws, foam beverage cups get carried to the sea by winds and waterways. About 80 percent of ocean plastic originates on land. The rest comes from marine industries such as shipping and fishing.
4. In 2015, engineer Jenna Jambeck at the University of Georgia and other researchers calculated that at least 8 million tons of plastic trash is swept into the ocean from coasts every year. That's the equivalent of a full garbage truck of plastic being dumped into the sea every minute. If current trends

in plastic production and disposal continue, that figure will double by 2025. A report published by the World Economic Forum last year predicts that by 2050, ocean plastic will outweigh all the fish in the sea.

5. In today's world, plastic is everywhere. It's found in shoes, clothing, household items, electronics, and more. There are different types of plastics, but one thing they all have in common is that they're made of polymers – large molecules made up of repeating units. Their chemical structure gives them a lot of advantages : they're cheap and easy to manufacture, lightweight, water-resistant, durable, and can be moulded into nearly any shape.
6. Unfortunately, some of the properties that make plastics great for consumer goods also make them a problem pollutant. Plastic's durability comes in part from the fact that unlike paper or wood, it doesn't *biodegrade*, or break down naturally. Instead it just fragments, or breaks into tiny pieces over time. These tiny pieces, known as *microplastic*, can potentially stick around for hundreds or perhaps even thousands of years.
7. Another problem with plastics is the other chemicals they contain, like dyes and flame retardants. When plastic isn't disposed of properly, these additives end up in the environment. Plastic also tends to absorb harmful chemicals from its surrounding. "It's like a sponge for *persistent organic pollutants*". These long-lasting, toxic substances include pesticides and industrial chemicals. If plastic absorbs the chemical, and marine organisms eat the plastic, they may be exposed to higher concentrations of these contaminants.
8. One of the biggest impacts of plastic pollution is its effect on sea life. Seals, sea turtles, and even whales can become entangled in plastic netting. The can starve to death if the plastic restricts their ability to move or eat. Or the plastic can cut into the animals' skin, causing wounds that develop severe infections.
9. Sea turtles eat plastic bags and soda-can rings, which resemble jellyfish, their favourite food. Seabirds eat bottle caps or chunks of foam cups. Plastic pieces may make an animal feel full, so it doesn't eat enough real food to get the nutrients it needs. Plastic can also block an animal's digestive system, making it unable to eat.
10. Plastic and its associated pollutants can even make it into our own food supply. Scientists recently examined fish and shell-fish bought at markets in California and Indonesia. They found plastic in the guts of more than a quarter of samples purchased at both locations. In organisms that people eat whole, such as sardines and oysters, that means we're eating plastic too. In larger fish, chemicals from plastic may seep into their muscles and other tissues that people consume.
11. One way to keep the ocean cleaner and healthier is through cleanup efforts. A lot of plastic waste caught in ocean currents eventually washes up on beaches. Removing it can prevent it from blowing out to sea again. Beach clean-up is ocean clean-up.
12. Cleanup efforts can't reach every corner of the ocean or track down every bit of microplastic. That means it's critical to cut down on the amount of plastic that reaches the sea in the first place. Scientists are working towards new materials that are safer for the environment. For example, Jambeck and her colleagues are currently testing a new polymer that breaks down more easily in seawater.

13. "Individual actions make a big difference," says Jambeck. Disposing of plastic properly for recycling or trash collection is a key step. "and simple things like reusable water bottles, mugs, and bags really cut down on waste," she says. Skipping straws or using paper ones helps too. Ocean pollution can seem overwhelming, but it's something everyone can help address. This is a problem we can really do something about.

1.1 On the basis of your understanding of the above passage, answer each of the questions given below by choosing the most appropriate option : $1 \times 5 = 5$

(i) Percentage of ocean plastic that originates from land is :

- (a) 20% (b) 50%
(c) 80% (d) 25%

(ii) In which year did Jenna Jambeck and other researchers calculate that at least 8 million tons of plastic trash is swept into ocean every year?

- (a) 2018 (b) 2015
(c) 2005 (d) 2010

(iii) Plastic is not biodegradable because it is made up of :

- (a) Low atomic particles (b) Tiny particles
(c) Strong big particles (d) Large molecule polymers

(iv) Sea turtles eat :

- (a) Plastic bottles (b) Plastic bags and soda-can rings
(c) Bottle caps (d) Chunks of foam cups

(v) Scientists bought fish and shell-fish for examination at markets in :

- (a) China and Russia (b) Pakistan and Afghanistan
(c) California and Indonesia (d) Australia and Brazil

1.2 Answer the following questions briefly :

$1 \times 6 = 6$

- (i) Which articles made of plastic generally cause pollution in the sea?
(ii) How does plastic in oceans harm marine ecosystems?
(iii) How is microplastic formed?
(iv) Why is plastic compared to a sponge?
(v) What is the biggest impact of plastic pollution on sea life?
(vi) How are scientists trying to reduce the plastic pollutants?

1.3 Answer any three of the following questions in 25-30 words each :

$2 \times 3 = 6$

- (i) How does plastic waste enter the oceans?
(ii) How is it true to say that plastic is everywhere in today's world?
(iii) Which property of plastic makes it a problem pollutant?
(iv) What has scientist Jambeck suggested for having cleaner and healthier oceans?

1.4 Pick out the words/phrases from the passage which are similar in meaning to the following : **1 × 3 = 3**

- (i) Dropped/thrown (para 4)
- (ii) Unluckily (para 6)
- (iii) Look like (para 9)

2. Read the passage given below : **10**

1. Getting enough sleep is as important as taking time out to relax. A good night's sleep is essential for preserving the health of your brain and gives you the best chance to meet the coming day with a razor sharp mind. An average person needs about six to eight hour sleep a night – although it is also true that you need slightly less than this, as you grow older-another advantage of aging stress and sleep deprivation often feed on each other, since stress tends to make it harder for you to fall asleep at night and sleep deprivation in itself causes stress.
 2. Eventually, too little sleep can dramatically interfere with the performance of your memory – something you obviously want to prevent. If you are not getting enough sleep, try going to bed 30 to 60 minutes earlier than your normal bed time for a few days. Lie down on the bed and try to relax by dissociating yourself from your daily routine work. This is normally enough to catch up on any sleep deprivation.
 3. If, however, you suffer from insomnia you should seek the advice of your doctor. The chances are it is already affecting your ability to remember and recall information – and if you are struggling to improve your memory scores, this could be at the root of your problem. Prolonged periods of insufficient sleep can deplete your immune system, make you more accident prone and even cause depression – this can also reinforce a more negative outlook on life, which can contribute to your stress burden. The good news is that your memory and mood should automatically improve once you improve your sleep patterns. Tackle your sleep issues and everything else should fall into place.
 4. Because stress management is so essential to maximize your brain power, if you are not in the habit of setting aside time to relax, make it a priority to do so. Even a minute or two of deep breathing can start to work wonders. Often the best ideas and memories can come to you when you are in a state of relaxation as it is during these moments that your brain stores, processes and plays with the information it has received.
 5. Meditation has long been part of religious and spiritual life, specially in Asia. Today, more and more people are adopting it in Western countries also, for its value in developing peace of mind and lowering stress. There is some evidence that regular mediation can have real sleep gain and health benefits particularly in terms of protecting your brain against aging.
- 2.1. On the basis of your understanding of the above passage, make notes on it using headings and subheadings. Use recognizable abbreviations (wherever necessary - minimum four) and a format you consider suitable. Also supply an appropriate title to it. **5**
- 2.2. Write a summary of the above passage in about 100 words. **5**

Section-B : Advanced Writing Skills

(30)

3. You are Principal of National Public School, Jaipur. You require a TGT (Maths) for your school. Draft a suitable advertisement in not more than 50 words for the 'Situations Vacant' column of 'The National Times' stating essential and desirable qualifications, experience etc. of the candidates. **4**

OR

Arts Club of your school is going to organize a drawing and painting competition. Write a notice in not more than 50 words, to be displayed on the school notice board, inviting students to participate in it. Give all the necessary details. You are Rishabh/Ridhima, Secretary, Arts Club, Sunrise Public School, Gurugram, Haryana.

4. You have realized the necessity of education and financial independence of women for their family, society and in turn for the nation. Write a letter to the Editor. 'The National Times' highlighting your ideas on the importance of education of women leading to a better status for them. You are Tarun/Taruna, B-7/9, Mall Road, Delhi. (100 – 125 words) **6**

OR

You bought a refrigerator two months ago from Mohan Sales, Ashok Vihar, Bangalore. It has developed certain problems regarding its functioning. Cooling has stopped and it is making a lot of noise. Write a letter of complaint to the Manager asking him for immediate repair/replacement of the same. You are Sachin/Shashi, 61 Pratap Enclave, Bangalore. (100 – 125 words)

5. Write a debate in 150-200 words either for or against the motion : Indulgence of the youth in the use of the Internet is a great bane for them. **10**

OR

Outdoor exercise or morning and evening walk during winter months has become difficult in the polluted atmosphere of the metropolitan cities. In such a situation indoor (team) games have become very important. Write a speech in 150-200 words persuading your students to make more use of facilities for basketball, badminton etc. available in your school. You are Principal of your school.

6. Hard work and punctuality are essential for a happy and successful life. They help in meeting the desired targets of our life. You are Kavya/Kanha. Write an article in 150-200 words highlighting the importance of hard work and punctuality in a student's life. **10**

OR

In your locality a blood donation camp was organized by an NGO - 'For Your Health'. Many people visited the camp and donated blood. Write a report in 150-200 words for a local newspaper covering the arrangements, doctors' team, refreshment served etc.

SECTION – C
(Literature : Text Books and Long Reading Text)

(40)

7. Read the extract given below and answer the questions that follow :

1 × 4 = 4

I looked again at her, wan, pale
as a late winter's moon and felt that old
familiar ache, my childhood's fear,
but all I said was, see you soon, Amma,
all I did was smile and smile and smile ...

- (i) Name the poet and the poem.
- (ii) What was the poet's childhood fear?
- (iii) What is the poetic device used in lines 1-2?
- (iv) Explain : 'late winter's moon'.

OR

..... The stunted, unlucky heir
Of twisted bones, reciting a father's gnarled disease,
His lesson, from his desk. At back of the dim class
One unnoted, sweet and young. His eyes live in a dream,
Of squirrel's game, in tree room, other than this.

- (i) Who is the unlucky heir?
- (ii) What has he inherited?
- (iii) Who is sitting at the back of the dim class?
- (iv) How is he different from rest of the class?

8. Answer any four of the following questions in 30 – 40 words each :

3 × 4 = 12

- (i) Why did the village elders occupy the back benches in the classroom to attend the last lesson delivered by M. Hamel?
- (ii) Why did William Douglas choose Y.M.C.A. pool when he decided to learn to swim?
- (iii) What did Gandhiji do about the social and cultural upliftment of the Champaran villages?
- (iv) What great miracle did the ten-day-old Jilani Jung Bahadur perform? How did it affect the people who listened to him?
- (v) How did Dr. Sadao perform his duty as a patriotic Japanese?
- (vi) How can we say that Jack is a dominant male?

9. Answer any one of the following in 120 – 150 words : 6
- (i) What are the hazards of working in a glass bangle industry?
 - (ii) What made the peddler finally change his ways?
 - (iii) What was Sophie's dream? How was it unrealistic? How was she different from Jansie?
10. Answer any one of the following in 120 – 150 words : 6
- (i) Derry and Mr. Lamb both are victims of physical impairment, but their attitudes towards life are completely different. Elaborate.
 - (ii) Write a character sketch of the Governor of Oxford Prison based on the story, 'Evans Tries an O-Level'.
 - (iii) Why did Bama stroll in the market place instead of hurrying back home? Describe the sights she enjoyed seeing there.
11. Answer any one of the following question in 120 – 150 words : 6
- (i) Why was Mrs. Hall happy to have a guest at 'Coach and Horses' Inn? How did the stranger behave at the inn?
 - (ii) Describe Mr. Marvel's meeting with the mariner at Port Stowe. What kind of person was the mariner?
 - (iii) How did Dunstan Cass meet his end?
 - (iv) Describe the circumstances under which Silas Marner had to leave Lantern Yard.
12. Answer any one of the following questions in 120 – 150 words : 6
- (i) How does the novel, 'The Invisible Man' highlight the theme of corruption of morals in the absence of social restrictions?
 - (ii) Compare and contrast Griffin (the invisible man) and Dr. Kemp as scientists and also as members of society.
 - (iii) George Eliot has portrayed Godfrey as a morally weak character. Comment.
 - (iv) In 'Silas Marner', describe the role of Dolly Winthrop.

□ □ □

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English (Core)
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SOLUTION

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Section-A (Reading)

(30)

1. Read the passage given below:

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1. All of Earth's oceans share one thing in common: plastic pollution. Discarded plastic bags, cups, and bottles make their way into the sea. Today, it seems that no part of the ocean is safe from plastic trash. In recent years, oceanographers have searched in vain for a pristine marine environment. They have found plastic everywhere they have looked. "It is a common global problem, we can't point to a single habitat or location with no plastic."
2. Plastic harms wildlife and introduces dangerous chemicals into marine ecosystems — communities of organisms interacting with their surroundings. Once plastic enters the environment, it lasts a long time. Scientists are working to prevent plastic pollution from entering the sea.
3. When people litter, or when trash is not properly disposed of, things like plastic bags, bottles, straws, foam beverage cups get carried to the sea by winds and waterways. About 80 percent of ocean plastic originates on land. The rest comes from marine industries such as shipping and fishing.
4. In 2015, engineer Jenna Jambeck at the University of Georgia and other researchers calculated that at least 8 million tons of plastic trash is swept into the ocean from coasts every year. That's the equivalent of a full garbage truck of plastic being dumped into the sea every minute. If current trends in plastic production and disposal continue, that figure will double by 2025. A report published by the World Economic Forum last year predicts that by 2050, ocean plastic will outweigh all the fish in the sea.

5. In today's world, plastic is everywhere. It's found in shoes, clothing, household items, electronics, and more. There are different types of plastics, but one thing they all have in common is that they're made of polymers – large molecules made up of repeating units. Their chemical structure gives them a lot of advantages : they're cheap and easy to manufacture, lightweight, water-resistant, durable, and can be moulded into nearly any shape.
 6. Unfortunately, some of the properties that make plastics great for consumer goods also make them a problem pollutant. Plastic's durability comes in part from the fact that unlike paper or wood, it doesn't *biodegrade*, or break down naturally. Instead it just fragments, or breaks into tiny pieces over time. These tiny pieces, known as *microplastic*, can potentially stick around for hundreds or perhaps even thousands of years.
 7. Another problem with plastics is the other chemicals they contain, like dyes and flame retardants. When plastic isn't disposed of properly, these additives end up in the environment. Plastic also tends to absorb harmful chemicals from its surrounding. "It's like a sponge for *persistent organic pollutants*". These long-lasting, toxic substances include pesticides and industrial chemicals. If plastic absorbs the chemical, and marine organisms eat the plastic, they may be exposed to higher concentrations of these contaminants.
 8. One of the biggest impacts of plastic pollution is its effect on sea life. Seals, sea turtles, and even whales can become entangled in plastic netting. The can starve to death if the plastic restricts their ability to move or eat. Or the plastic can cut into the animals' skin, causing wounds that develop severe infections.
 9. Sea turtles eat plastic bags and soda-can rings, which resemble jellyfish, their favourite food. Seabirds eat bottle caps or chunks of foam cups. Plastic pieces may make an animal feel full, so it doesn't eat enough real food to get the nutrients it needs. Plastic can also block an animal's digestive system, making it unable to eat.
 10. Plastic and its associated pollutants can even make it into our own food supply. Scientists recently examined fish and shell-fish bought at markets in California and Indonesia. They found plastic in the guts of more than a quarter of samples purchased at both locations. In organisms that people eat whole, such as sardines and oysters, that means we're eating plastic too. In larger fish, chemicals from plastic may seep into their muscles and other tissues that people consume.
 11. One way to keep the ocean cleaner and healthier is through cleanup efforts. A lot of plastic waste caught in ocean currents eventually washes up on beaches. Removing it can prevent it from blowing out to sea again. Beach clean-up is ocean clean-up.
 12. Cleanup efforts can't reach every corner of the ocean or track down every bit of microplastic. That means it's critical to cut down on the amount of plastic that reaches the sea in the first place. Scientists are working towards new materials that are safer for the environment. For example, Jenna Jambeck and her colleagues are currently testing a new polymer that breaks down more easily in seawater.
 13. "Individual actions make a big difference," says Jambeck. Disposing of plastic properly for recycling or trash collection is a key step. "and simple things like reusable water bottles, mugs, and bags really cut down on waste," she says. Skipping straws or using paper ones helps too. Ocean pollution can seem overwhelming, but it's something everyone can help address. This is a problem we can really do something about.
- 1.1 On the basis of your understanding of the above passage, answer each of the questions given below by choosing the most appropriate option : 1 × 5 = 5
- (i) Percentage of ocean plastic that originates from land is :
 - (a) 20%
 - (b) 50%
 - (c) 80%
 - (d) 25%
 - (ii) In which year did Jenna Jambeck and other researchers calculate that at least 8 million tons of plastic trash is swept into ocean every year?
 - (a) 2018
 - (b) 2015
 - (c) 2005
 - (d) 2010

- (iii) Plastic is not biodegradable because it is made up of :
- (a) Low atomic particles (b) Tiny particles
(c) Strong big particles (d) Large molecule polymers
- (iv) Sea turtles eat :
- (a) Plastic bottles (b) Plastic bags and soda-can rings
(c) Bottle caps (d) Chunks of foam cups
- (v) Scientists bought fish and shell-fish for examination at markets in :
- (a) China and Russia (b) Pakistan and Afghanistan
(c) California and Indonesia (d) Australia and Brazil

- Sol.**
- (i) (c) 80%
(ii) (b) 2015
(iii) (d) Large molecule polymers
(iv) (b) Plastic bags and soda-can rings
(v) (c) California and Indonesia

1.2 Answer the following questions briefly :

1 × 6 = 6

- (i) Which articles made of plastic generally cause pollution in the sea?
(ii) How does plastic in oceans harm marine ecosystems?
(iii) How is microplastic formed?
(iv) Why is plastic compared to a sponge?
(v) What is the biggest impact of plastic pollution on sea life?
(vi) How are scientists trying to reduce the plastic pollutants?

- Sol.**
- (i) Discarded plastic bags, cups, bottles, straws, foam beverage cups etc. generally cause pollution in the sea.
(ii) Plastic in oceans harms marine ecosystems by introducing dangerous chemicals into it that last a long time.
(iii) Plastic isn't biodegradable or it doesn't break down naturally. It breaks into tiny pieces over a period of time. These tiny pieces are known as microplastic.
(iv) Plastic has a tendency to absorb harmful chemicals from its surroundings. Hence it is compared to a sponge as it also has absorbing tendency.
(v) Plastic pollution has a direct and deadly effect on the life in the sea. It affects the seabirds, sea turtles, seals and other marine animals which are killed each year after ingesting plastic or getting entangled it.
(vi) Scientists are working toward new materials that are safer for the environment. They are currently working with a new polymer that breaks down more easily in sea water.

1.3 Answer any three of the following questions in 25-30 words each :

2 × 3 = 6

- (i) How does plastic waste enter the oceans?
(ii) How is it true to say that plastic is everywhere in today's world?
(iii) Which property of plastic makes it a problem pollutant?
(iv) What has scientist Jambeck suggested for having cleaner and healthier oceans?

- Sol.**
- (i) The plastic waste enters the ocean from many sources. When people litter or when trash is not properly disposed of, things like plastic bags, bottles, straws, foam beverage cups, etc. get carried into the sea by winds and waterways. The rest comes from marine industries such as shipping and fishing.

- (ii) It is very true that plastic is everywhere. It is found in shoes, clothing, household items, electronics and more. The oceans are becoming dumping ground for all plastic waste. Since it's cheap and easy to manufacture it's used everywhere. We are literally drowning in plastic.
- (iii) There are some properties that make plastic a problem pollutant. Firstly, it's not biodegradable. It breaks down into tiny pieces and become microplastic. Additionally, plastic contains other chemicals like dyes and flame retardants and these make it more harmful. Plastic also tends to absorb harmful chemicals from its surroundings and act like a sponge.
- (iv) Suggestions by scientist Jambeck for having cleaner and healthier oceans are based on individual actions making big difference. We should recycle plastic, use reusable water bottles, mugs and bags etc., and use paper straws instead of plastic straws.

1.4 Pick out the words/phrases from the passage which are similar in meaning to the following : **1 × 3 = 3**

- (i) Dropped/thrown (para 4)
- (ii) Unluckily (para 6)
- (iii) Look like (para 9)

Sol. (i) Dropped/thrown – Dumped
(ii) Unluckily – Unfortunately
(iii) Look like – Resemble

2. Read the passage given below :

10

1. Getting enough sleep is as important as taking time out to relax. A good night's sleep is essential for preserving the health of your brain and gives you the best chance to meet the coming day with a razor sharp mind. An average person needs about six to eight hour sleep a night – although it is also true that you need slightly less than this, as you grow older-another advantage of aging stress and sleep deprivation often feed on each other, since stress tends to make it harder for you to fall asleep at night and sleep deprivation in itself causes stress.
2. Eventually, too little sleep can dramatically interfere with the performance of your memory – something you obviously want to prevent. If you are not getting enough sleep, try going to bed 30 to 60 minutes earlier than your normal bed time for a few days. Lie down on the bed and try to relax by dissociating yourself from your daily routine work. This is normally enough to catch up on any sleep deprivation.
3. If, however, you suffer from insomnia you should seek the advice of your doctor. The chances are it is already affecting your ability to remember and recall information – and if you are struggling to improve your memory scores, this could be at the root of your problem. Prolonged periods of insufficient sleep can deplete your immune system, make you more accident prone and even cause depression – this can also reinforce a more negative outlook on life, which can contribute to your stress burden. The good news is that your memory and mood should automatically improve once you improve your sleep patterns. Tackle your sleep issues and everything else should fall into place.
4. Because stress management is so essential to maximize your brain power, if you are not in the habit of setting aside time to relax, make it a priority to do so. Even a minute or two of deep breathing can start to work wonders. Often the best ideas and memories can come to you when you are in a state of relaxation as it is during these moments that your brain stores, processes and plays with the information it has received.
5. Meditation has long been part of religious and spiritual life, specially in Asia. Today, more and more people are adopting it in Western countries also, for its value in developing peace of mind and lowering stress. There is some evidence that regular mediation can have real sleep gain and health benefits particularly in terms of protecting your brain against aging.

- 2.1. On the basis of your understanding of the above passage, make notes on it using headings and subheadings. Use recognizable abbreviations (wherever necessary - minimum four) and a format you consider suitable. Also supply an appropriate title to it. 5

Sol. Title : Sleep and Mental Health

1. Getting Enough Sleep is Crucial

- 1.1 Essential for health (Mental and Physical)
- 1.2 Min. 6 to 8 hrs sleep
- 1.3 Older people need less sleep
- 1.4 Stress and sleep deprivtⁿ are related

2. How to get enough sleep

- 2.1 Too little sleep interferes with memory
- 2.2 Go to bed 30 to 60 min early
- 2.3 Try to relax
- 2.4 Dissociate from daily routine

3. Insomnia & its effects

- 3.1 Can deplete your immune system
- 3.2 Makes you accident prone
- 3.3 Causes depression
- 3.4 Makes you –ve
- 3.5 Increases stress
- 3.6 Seek doctor's advice

4. Stress mgmt. maximizes brain power

- 4.1 Set aside time to relax
- 4.2 Practice deep breathing
- 4.3 Brain recalls best memories & ideas

5. Benefits of Meditation

- 5.1 Part of religious & spiritual life in Asia
- 5.2 Develops peace of mind
- 5.3 Lowers stress
- 5.4 Improves health (physical & mental)
- 5.5 Protects brain against aging

Key to Abbreviations

- min – minimum
- ve – negative
- mgmt. – management
- deprivtⁿ – deprivation

2.2. Write a summary of the above passage in about 100 words.

5

Sol. Sleep is essential for your mental and physical health. Lack of it causes interference in performance of our memory. Lying down on bed and relaxing dissociates us from our daily routine and allows us to rejuvenate. If suffering from insomnia you should consult a doctor as prolonged periods of insufficient sleep can cause depression. Stress management is essential to enhance your brain power. Always set a time to relax your mind in stressful situations. Ensure that you relax yourself whenever you are looking for fresh inspiration. Meditation can help you lower your stress levels and protect your brain from aging.

Section-B : Advanced Writing Skills

(30)

3. You are Principal of National Public School, Jaipur. You require a TGT (Maths) for your school. Draft a suitable advertisement in not more than 50 words for the 'Situations Vacant' column of 'The National Times' stating essential and desirable qualifications, experience etc. of the candidates. 4

OR

Arts Club of your school is going to organize a drawing and painting competition. Write a notice in not more than 50 words, to be displayed on the school notice board, inviting students to participate in it. Give all the necessary details. You are Rishabh/Ridhima, Secretary, Arts Club, Sunrise Public School, Gurugram, Haryana.

Sol. ADVERTISEMENT.

(Distribution of marks)

Heading – 1 mark

Content – 2 Marks

Expression with grammatical accuracy – 2 marks

Suggested Value Points :

- Name of Post
- Eligibility criteria
- Last date
- Contact details

Sample

SITUATION VACANT

Wanted a well qualified, TGT Maths for National Public School Jaipur. Aged between 30 to 40, the applicant must be fluent in English, must possess a Master's degree with B.Ed in the relevant subject with minimum 3 years of work experience . Interested candidates may send in applications along with their CVs, testimonials and experience certificates to the Chairman, National Public School, Jaipur latest by 15th March, 2019.

Principal

Ph: 950511xxxx

OR

NOTICE :

(Distribution of Marks)

FORMAT : 1 Mark

The format should include–

- (i) ISSUING AUTHORITY / NAME OF THE INSTITUTION
- (ii) The word 'NOTICE'
- (iii) HEADING
- (iv) DATE
- (v) WRITER'S NAME WITH DESIGNATION

CONTENT : 2 Marks

EXPRESSION : 1 Mark

Suggested Value Points:

- (i) Eligible for which classes
- (ii) Appeal
- (iii) Time, Date, Area (Location)
- (iv) Last date for submitting names

Sample

Sunrise Public School, Gurugram

NOTICE

Drawing and Painting Competition

Date : 3rd March 2019

All the students of Class IX-XII are hereby informed that the Arts Club of our school is going to hold a drawing and painting competition on 10th March 2019, Wednesday at 2:30 pm in the school auditorium. Interested students can give their names to the undersigned. The topics are –

- (i) My Country
- (ii) Environment
- (iii) Health

For further details, contact the undersigned.

Rishabh/Ridhima
Secretary
Arts Club

4. You have realized the necessity of education and financial independence of women for their family, society and in turn for the nation. Write a letter to the Editor. 'The National Times' highlighting your ideas on the importance of education of women leading to a better status for them. You are Tarun/Taruna, B-7/9, Mall Road, Delhi. (100 – 125 words) 6

OR

You bought a refrigerator two months ago from Mohan Sales, Ashok Vihar, Bangalore. It has developed certain problems regarding its functioning. Cooling has stopped and it is making a lot of noise. Write a letter of complaint to the Manager asking him for immediate repair/replacement of the same. You are Sachin/Shashi, 61 Pratap Enclave, Bangalore. (100 – 125 words)

Letter to the Editor

(Distribution of Marks)

SoI.FORMAT – 1 Mark

1. Sender's address
2. Date
3. Receiver's address
4. Subject
5. Salutation
6. Closing

CONTENT – 3 Marks

EXPRESSION – 2 Marks

- (i) Grammatical accuracy, appropriate words and spellings (1)
- (ii) Coherence and relevance of ideas and style (1)

Suggested Value Points:

- Introduction
- The need to address the matter
- Ways to tackle the problem
- Alternatives to the present means
- Conclusion

Sample

B - 7/9

Mall Road

Delhi

4th March 2019

The Editor

The National Times

Aurangzeb Road

Delhi

Subject - Education and financial independence of women

Sir/Madam

Through the columns of your esteemed newspaper I would like to draw the attention of policy makers and society towards the necessity of education and financial independence of women leading to a better status for them which in turn leads to better family, better society and better nation. In our country the girls are discriminated and not allowed an education of good quality at par with the other gender. But its time, we abolish old cultures and adopt new and healthy practices. There is a saying that if a man is educated, only one person is educated but if a woman is educated, the whole family is educated.

Our nation wants to eliminate gender discrimination, inequality, injustice against women etc. True women empowerment can only be achieved through women's education and financial independence. Women must own property, take financial decisions in the family and that is possible only if they are financially independent. The government should also take measures and announce more schemes to encourage women to become independent.

I hope the concerned authorities take cognisance of the same and your columns can enlighten them to take prompt actions to work in the right direction.

Yours Sincerely

Tarun/Taruna

Letter of Complaint

Suggested value points :

- Introduction
- What is the complaint about
- List the problems in refrigerator
- Ask for redressal of complaint

Sample

61 Pratap Enclave

Bangalore

4th March 2019

The Manager

Mohan Sales

Ashok Vihar

Bangalore

Dear Sir

I bought a Voltas Ice-King twin-door refrigerator from your M.G. Road showroom on 15, May 20XX vide receipt no. 061XX. But, I regret to inform you that it is not giving satisfactory service.

Please find below the list of issues:

1. Its cooling system is not as effective as it should be
2. Moreover, sometimes it makes subdued buzzing noise.
3. The cabinet has a long scratch mark as well.
4. The consumption of energy is also on the higher side.

Therefore, I would request you to advise me immediately as to what I should do in this regard. I am expecting you may send your representative to inspect all these defects. I feel it is better if you can replace a it at the earliest as the refrigerator is still covered under warranty. I take a very poor view of the situation as you have made very tall claims in your brochure about the excellence of your service and goods.

I would very much appreciate a response at the earliest.

Yours Sincerely

Sachin

5. Write a debate in 150-200 words either for or against the motion : Indulgence of the youth in the use of the Internet is a great bane for them. 10

OR

Outdoor exercise or morning and evening walk during winter months has become difficult in the polluted atmosphere of the metropolitan cities. In such a situation indoor (team) games have become very important. Write a speech in 150-200 words persuading your students to make more use of facilities for basketball, badminton etc. available in your school. You are Principal of your school.

Sol. DEBATE

Topic: Indulgence of the youth in the use of the Internet is a great bane for them

FOR

Suggested Value Points:

- A Detriment to Work and/or School- Enables cheating on school assignments
- Lack of Privacy - People, especially the young, are often too open and public with personal information when online. Most don't read privacy policies and may be unaware that their information may be used by third parties
- Users Vulnerable to Crime- Social networking sites allow hate groups to recruit and distribute propaganda online, Security attacks such as hacking, identity theft, and viruses and exposure to phishing scams are common via social media
- Social Detriments - Cyber-bullying, Extensive online engagement is correlated with personality and brain disorders like poor social skills, ADHD, Less time for face-to-face interaction with loved ones, Children at higher risk for depression, low self-esteem, and eating disorders and more prone to feeling isolated and disconnected
- A Waste of Time - When alerted to a new post or tweet, it takes about 20 to 25 minutes for the average user to return to their original task.

AGAINST

Suggested Value Points:

- Education- Students have easy, free access to resources online to help them learn, Grades improve and absenteeism is reduced
- Politics- Social media facilitates political change: Online networks give social movements a quick, cheap method of disseminating information and mobilizing people
- Awareness/Being Informed- Information spreads faster online than any other media. More than 50% learn about breaking news on social media, Social networking provides academic research to everyone with online access, allowing people access to previously unavailable resources
- Social Benefits- Social media allow people to communicate with friends and this increased online communication strengthens those relationships
- Job Opportunities- Great for professionals for marketing, connecting, and finding business opportunities, Employers find employees and unemployed find work

OR

SPEECH

Topic: Encourage students to play Indoor games in school during winters

Suggested Value Points:

- Great Learning - Playing games can be a brilliant way to enhance learning abilities
- Healthy Physical Development despite weather constraints
- Boosts Creativity
- Acquire Social Skills
- Positive Attitude
- Personality Development
- Improves Attention Span
- Attain Motor Skills - Basketball & badminton facilities in school can be used to enhance your agility

6. Hard work and punctuality are essential for a happy and successful life. They help in meeting the desired targets of our life. You are Kavya/Kanha. Write an article in 150-200 words highlighting the importance of hard work and punctuality in a student's life. 10

OR

In your locality a blood donation camp was organized by an NGO - 'For Your Health'. Many people visited the camp and donated blood. Write a report in 150-200 words for a local newspaper covering the arrangements, doctors' team, refreshment served etc.

SoI. ARTICLE

Topic: 'Hard work and Punctuality paves way for Success'

By - Kavya/Kanha

Suggested Value Points:

- Hard work and punctuality run hand in glove to make one successful
- Punctuality and ability to work hard are traits which can be developed at any age; however good to develop from childhood
- Lack of punctuality and hard work in the life causes various harmful effects
- They are considered as the best key to success in every field of work. People, who cannot be punctual and hard working most often get failure in their life
- Some tips to develop punctuality:
 - needs patience, activeness, and discipline in life
 - develop positive attitudes
 - develop habit to see clock at minimal interval of time
 - set alarm before sleeping to be on time
 - develop respect for time
- We should combine hard work, with the skill that we need. Throw in some passion, and you'll surely succeed
- All the hard work is not hopeless or bleak; a career of our choice waits at the peak.

OR

REPORT

Topic: 'Blood Donation Camp at Kamala Nagar by 'For your Health' NGO'

By - Staff Reporter

Suggested Value Points:

- Date, time, place of the event
- The participation of people
- The team of doctors, nurses, volunteers present at the event
- The efforts of the NGO to ensure maximum participation
- The refreshments served to the donors post their blood donation
- The efforts being praised by the people of the locality
- The encouragement speech by the local MLA after the event to urge people to participate in such drives in time to come.

SECTION – C
(Literature : Text Books and Long Reading Text)

(40)

7. Read the extract given below and answer the questions that follow :

1 × 4 = 4

I looked again at her, wan, pale
as a late winter's moon and felt that old
familiar ache, my childhood's fear,
but all I said was, see you soon, Amma,
all I did was smile and smile and smile ...

- (i) Name the poet and the poem.
- (ii) What was the poet's childhood fear?
- (iii) What is the poetic device used in lines 1-2?
- (iv) Explain : 'late winter's moon'.

OR

..... The stunted, unlucky heir
Of twisted bones, reciting a father's gnarled disease,
His lesson, from his desk. At back of the dim class
One unnoted, sweet and young. His eyes live in a dream,
Of squirrel's game, in tree room, other than this.

- (i) Who is the unlucky heir?
- (ii) What has he inherited?
- (iii) Who is sitting at the back of the dim class?
- (iv) How is he different from rest of the class?

Sol. (i) The poet is Kamala Das and poem is 'My mother at sixty six'.

(ii) In her childhood, the poet feared losing her mother or her company.

(iii) The poetic device used in line 1-2 is Simile.

(iv) The late winter's moon is calm and hazy with a dim lustre. It loses its vitality and power. So the poetess compares her mother's calm, colourless, aging and withered face to late winter's moon.

OR

(i) The unlucky heir refers to a thin boy from the slums.

(ii) He has inherited a disfigured, gnarled and diseased body.

(iii) An unnoted sweet young boy is sitting at the back of dim class. He is dreaming of squirrels playing games on trees.

(iv) He is different from rest of the class because he is a dreamer. In spite of being present in the classroom, he is lost in his dream world thinking about squirrels.

8. Answer any four of the following questions in 30 – 40 words each : 3 × 4 = 12

- (i) Why did the village elders occupy the back benches in the classroom to attend the last lesson delivered by M. Hamel?
- (ii) Why did William Douglas choose Y.M.C.A. pool when he decided to learn to swim?
- (iii) What did Gandhiji do about the social and cultural upliftment of the Champaran villages?
- (iv) What great miracle did the ten-day-old Jilani Jung Bahadur perform? How did it affect the people who listened to him?
- (v) How did Dr. Sadao perform his duty as a patriotic Japanese?
- (vi) How can we say that Jack is a dominant male?

Sol.(i) Suggested Value Points:

- Germans had banned the use of French language, their mother tongue in Alsace Lorraine.
- They came to attend “the last lesson” of M. Hamel to pay tribute to the French language and honour Mr. Hamel who had spent most of his years teaching French in the school.

(ii) Suggested Value Points :

- The Y.M.C.A pool was safe.
- It was two-three feet deep at shallow end.
- Moreover the gap was gradual.
- The Yakima river was treacherous and had drowned many. So he decided to take Y.M.C.A. pool.

(iii) Suggested Value Points :

- He appealed to the teachers to come and teach.
- He opened primary schools in six villages.
- In order to improve health conditions Gandhiji got a doctor who volunteered to provide his services for six months.
- Gandhiji also taught people self reliance and seek freedom from fear of the British.

(iv) Suggested Value Points :

- The astrologers predicted the child would grow up and become the warriors of warrior.
- But one day the baby (Tiger King) would meet his doom because he was born in the hour of bull.
- At the tenth day the baby spoke out “All those who are born will have to die one day”. These words from the infant shocked, surprised and stunned all.

(v) Suggested Value Points :

- Dr. Sadao being a doctor, first, performed the duty of a doctor and saved the life of the American prisoner by nursing him back to health.
- He went to the General and told him about the white man. The General told him that he’ll send some assassins to kill the white man.
- Dr. Sadao waited for the assassins, but they didn’t come. Hence, this shows that Dr. Sadao is both, a patriot and a dedicated surgeon.

(vi) Suggested Value Points :

- Jack wanted woman clinging to him, chauvinistic.
- He didn't want to speak with his wife Clare, work with her, help her do anything in the house, temperamental husband.
- Jack had incorporated his own childhood in the story by crafting Roger in his own image.
- He hated being questioned by his children.

9. Answer any one of the following in 120 – 150 words :

6

- What are the hazards of working in a glass bangle industry?
- What made the peddler finally change his ways?
- What was Sophie's dream? How was it unrealistic? How was she different from Jansie?

Sol.(i) Suggested Value Points :

Working in the glass industry is full of numerous health hazards –

- High temperature in factories.
- Unhygienic conditions.
- Dark-dingy rooms.
- No ventilation.
- Long working hours.
- Breathing problems.
- Weak eye-sight.
- Bad health leads to psychological problems too.

(ii) Suggested Value Points :

- The peddler was not a man who was overburdened with morality.
- But in the climax of the story he seems to be quite a transformed person.
- From a petty rattrap seller he scales to the heroic heights.
- It was because of the compassionate, generous and friendly behaviour of Edla Willmanson, the iron master's daughter.
- He was amazed to see how Miss. Willmanson awakened the essential goddness in him that he behaved like a perfect gentleman in the end.
- The peddler proves true to faith she had reposed in him. He did not steal or run away with anything as expected by her father.
- Before leaving, he kept the thirty kronor notes to be returned and also a letter for Miss Edla thanking her for everything.
- He gifted her a rattrap by saying it's a gift from a rat who has risen to become a captain.

(iii) Suggested Value Points :

- Sophie dreamt of having a boutique of her own.
- For money to open a boutique she decides to become an actress.
- She also thought of becoming a fashion designer.
- She didn't have the means or money to pursue her dreams.
- Jansie was practical whereas Sophie was a dreamer.
- Jansie advises Sophie to be sensible and not to think beyond reality but she does not listen.

10. Answer any one of the following in 120 – 150 words :

6

- Derry and Mr. Lamb both are victims of physical impairment, but their attitudes towards life are completely different. Elaborate.
- Write a character sketch of the Governor of Oxford Prison based on the story, 'Evans Tries an O-Level'.
- Why did Bama stroll in the market place instead of hurrying back home? Describe the sights she enjoyed seeing there.

Sol.(i) Suggested Value Points :

- Both Derry and Lamb are physically impaired and lonely.
- It is the responsibility of society to understand and support people with infirmities, so that they do not suffer from the very sense of alienation.
- The people like Derry and Lamb can live their lives with respect and honour.
- These people expect empathy rather than sympathy.
- Society looks down upon them with pessimistic approach and may never be able to come out of their sorrow.
- Derry - physically handicapped (burnt face) knows, he is different, has poor self-esteem, feel victimized.
- Mr. Lamb – physically handicapped (does not have one leg) but has positive attitude, he is understanding, friendly towards people, provides confidence to Derry.
- Example of bees / weeds in the garden / man afraid of death / beauty and the beast etc. children calling him Lamey Lamb / on curtains in house / attitude of waiting, watching and listening.

(ii) Suggested Value Points:

- The Governor is suspicious of Evans' intentions right from the very beginning, when he expresses his desire to take German Exam.
- He is intelligent.
- He is always shown as a man who very carefully monitors Evans.
- At every step he is afraid he might lose Evans.
- He is very skeptical of Evans and doesn't trust his intentions.
- He detects Evans' treachery when he couldn't understand the basic German expression 'Gluten Gluck'.
- He becomes blinded by the faith in his own capabilities and foolishly lets Evans escape one more time.
- He fails to keep Evans under high security because of his arrogance.
- Despite being antagonistic towards him at the outset, the Governor did have a softer side and harboured a soft spot for Evans.

(iii) Suggested Value Points :

- The market on the way home was always buzzing with activities.
- There were many schemes like, the snake charmer, street plays, puppet shows and stunt performances etc.
- Other than that, she saw the dried fish stall, the sweet stall, and the stall selling fried snacks.
- Then there were wild lemons, needles, clay beads and instruments for cleaning out the ears. She loved to watch the waiters cool the coffee and chopping up of onions.

11. Answer any one of the following question in 120 – 150 words :

6

- Why was Mrs. Hall happy to have a guest at 'Coach and Horses' Inn? How did the stranger behave at the inn?
- Describe Mr. Marvel's meeting with the mariner at Port Stowe. What kind of person was the mariner?
- How did Dunstan Cass meet his end?
- Describe the circumstances under which Silas Marner had to leave Lantern Yard.

Sol. (i) Suggested Value Points:

Mrs. Hall

- Smart business women – not too rude to Griffin
- Finds him a minting machine
- Worldly wise, angry with Griffin for bill dues
- Hospitable with Griffin
- Friendly with villagers

Griffin, the stranger

- His outward appearance and attitude is that of a distant rude person
- He is always dressed in a way that makes him look secretive
- The character always rendered himself invisible

(ii) Suggested Value Points :

- In Port Stowe, Marvel nervously waits on the bench, and ends up chatting with an elderly mariner.
- The sailor thinks he hears coins jingling in Marvel's pocket, though Marvel is clearly a moneyless tramp.
- The old man tells Marvel all about invisible man that he heard and read about in the newspaper.
- Marvel takes the opportunity to prove what kind of a man he is; right before he tells the mariner that he knows the invisible man, he looks around.
- Then Marvel quickly covers his tracks saying that invisible man is just a hoax. Then he gets out of there quickly.
- The mariner is annoyed at Marvel for letting him go on about this invisible man. But later he heard stories about a bunch of robberies and how people saw money just floating away.

(iii) Suggested Value Points:

- Dunstan is set as a direct contrast to Godfrey.
- He manipulates his brother Godfrey into giving him money to pursue his various pastimes.
- Dunstan is completely vile.
- He is vain, arrogant and selfish as well as dishonest.
- Dunstan suspects his own worthlessness.
- The narrator doesn't explain how he died.

- Dunstan's body is found at the bottom of the stone pit by Silas Marners cottage, along with the stolen gold
- Dunstan Cass is an example of static characterization.

(iv) Suggested Value Points :

- Lantern yard was a place where Silas had lived a successful life.
- He had a social life and also best friend named William Dane.
- Silas became the victim of an evil plot hatched by his best friend William Dane whom Silas hardly ever found any reason to suspect.
- It was William who had secretly used Silas pocket-knife to accuse him of stealing of the dead senor de canon's church bag.
- Silas asked minister to get his house checked.
- Cunning William pretended to find the church bag tucked behind a chest of drawers in Silas' house.
- Silas was proven guilty.
- It was ironical that the place where Silas used to be most happy, was also the place which he had to leave in unpleasant circumstances.

12. Answer any one of the following questions in 120 – 150 words :

6

- How does the novel, 'The Invisible Man' highlight the theme of corruption of morals in the absence of social restrictions?
- Compare and contrast Griffin (the invisible man) and Dr. Kemp as scientists and also as members of society.
- George Eliot has portrayed Godfrey as a morally weak character. Comment.
- In 'Silas Marner', describe the role of Dolly Winthrop.

Sol.(i) Suggested Value Points :

- Griffin's story is of a man who had no conscience, he was callous, corrupt towards other people and simply self-centered.
- He appeared to be at war with entire human kind.
- He kills his father, he excuses it away by saying that the man was a sentimental fool.
- The theme of corruption in the absence of social law has become a motif that is well defined by Marvel.
- Lack of social restriction allows Griffin and Marvel to move ahead with their robberies and killings.
- All the bad and immoral things that Griffin did could have been avoided had the people living around him put appropriate restrictions on him through a well organized system.

(ii) Suggested Value Points :

- After becoming invisible, Griffin went wild, he let loose a reign of terror, the seclusion blunted his intellect, became selfish and a sadist.
- H.G Wells proved that science without precaution, security and safety becomes a diabolical pursuit.
- Kemp is the opposite of Griffin, pursues research in responsible manner, believes in sharing research with world, scientific research has to be for good of humanity.
- Griffin destroyed himself, in greed and selfishness made him a devil; he steals, kills, terrorizes and finally meets a tragic end.

(iii) Suggested Value Points :

Godfrey as a morally weak character

- The eldest son of Squire Cass and the heir to the Cass estate.
- He is a good-natured young man but weak-willed and usually unable think of much beyond his immediate material comfort.
- He married an opium addict.
- The secret marriage made him demonstrate the mixture of guilt and moral cowardice.
- He is generally a passive person.
- In this respect he is similar to Silas.
- He is subject to constant blackmail from Dunsey, who knows of Godfrey's secret marriage.
- Godfrey made a confession with Nancy and finally ready to take responsibility for Eppie, she has already accepted Silas as his father and does not want to replace him in her life.

(iv) Suggested Value Points :

Dolly Winthrop's role

- A village woman who be friends Silas Marner.
- Dolly is a persistent friend to him and the person to whom he turns for help and advice after he adopts Eppie.
- Dolly is overflowing with kindness and local wisdom.
- She frequently admits to how little she knows.
- She is selfless with her time and energy in helping others.
- She is also a formidable mother and always attempts to teach Marner how to look after Eppie.

□ □ □