

**CLASS XII
HOME SCIENCE THEORY (064)
PRACTICE QUESTION PAPER-4 (2020-2021)**

TIME: 3 HRS

MM: 70



GENERAL INSTRUCTIONS:

1. All questions are compulsory.
2. There are total 36 questions.
3. Question paper is divided into three sections-A, B and C.
4. Section A has question no.1 to 14 (objective type questions) and are of 1 mark each.
5. Sections B has question no. 15 to 21 (case study based multiple choice questions) and are of 1 mark each.
6. Section C has question no. 22 to 27 of 2 marks each, question no. 28 and 29 of 3 marks each, question no. 30 to 33 of 4 marks each and question no. 34 to 36 of 5 marks each.
7. Internal choices are given in some questions.
8. Support your answers with suitable examples wherever required.

| SECTION - A (OBJECTIVE TYPE QUESTIONS) | | |
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| S.No. | Multiple choice questions | Marks |
| 1 | <p>Which factor is not responsible for food deterioration or spoilage?</p> <p>a) Infestation by insects b) Inappropriate temperature c) Effect of oxygen and moisture d) Non-contamination by microorganisms</p> <p>OR</p> <p>Preserving the food by drying out the moisture present in food is called _____.</p> <p>a) Freezing b) Dehydration c) Cooking d) Canning</p> | 1 |

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| 2 | <p>How can the use of ergonomics at the workplace prove more beneficial?</p> <ul style="list-style-type: none">a) Providing comfortable working conditionsb) Work place injuryc) Dissatisfaction in Jobd) Both b) and c) | 1 |
| 3 | <p>Which process was developed by Louis Pasteur to prevent milk from becoming sour?</p> <ul style="list-style-type: none">a) Dehydrationb) Food processingc) Pasteurizationd) Cooling | 1 |
| 4 | <p>If a person got a job in Hotel as Chef-de-Party, he/she will be assigned the duty of _____.</p> <ul style="list-style-type: none">a) Kitchen crewb) Executive Chefc) Deputy Chefd) Supervisor <p style="text-align: center;">OR</p> <p>Who is responsible for managing overall functioning of the restaurant?</p> <ul style="list-style-type: none">a) Restaurant Managerb) Housekeeperc) Attendantd) Desk Control Supervisor | 1 |
| 5 | <p>The term 'Development Communication' was first coined in 1972 by _____.</p> <ul style="list-style-type: none">a) Childersb) Melkotebowlingc) Quebrald) Lerner | 1 |

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| 6 | <p>Match the following.</p> <p>A. Immediately after Operation i) Low Sodium Salt B. In case of Constipation ii) High Protein Diet C. In case of High Blood Pressure iii) Use of some specific foods and avoiding certain foods D. In case of Allergy iv) Intake of high fiber foods</p> <p><u>Choose correct option :</u></p> <p>a) A - iii), B - iv), C - i), D - ii) b) A - iv), B - i), C- iii), D - ii) c) A - ii), B- iv), C- i), D - iii) d) A - i), B - ii), C - iii), D - iv)</p> | 1 |
| 7 | <p>ISI is an example of which of the following?</p> <p>a) Company Standards b) Regional Standards c) National Standards d) International Standards</p> | 1 |
| 8 | <p>Under what stage of Guest Cycle, customer satisfaction or customer loyalty is confirmed?</p> <p>a) Pre-Arrival Stage b) Arrival Stage c) Occupancy d) Departure</p> | 1 |
| | <p>Fill in the blanks-</p> | |
| 9 | <p>The Red Ribbon Express (R.R.E.) train started from _____.</p> <p style="text-align: center;">OR</p> <p>_____ was established to give impetus to public interest issues and local programs in areas of similar geographical and social conditions.</p> | 1 |

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| 10 | The relationship between workers and their environment is studied under _____. | 1 |
| 11 | <p>Identify the painting and name the state, where it is popular.</p>  <p>OR</p> <p>Identify the craft and name the state in which it is popular.</p>  | 1 |
| 12 | Make a standardised mark found on pure woollen garments. | 1 |
| 13 | In what two ways does the campaign affect people? | 1 |
| 14 | <p>State any two objectives of Early Childhood Care and Education, mentioned in National Curriculum Framework-2005 (NCF-2005).</p> <p>OR</p> <p>Radhika has interest to work in the field of Early Childhood Care and Education. Suggest her any two career opportunities in this field.</p> | 1 |

| SECTION B (CASE STUDY BASED QUESTIONS) | | |
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| | <p>There is a need to adopt a multi-disciplinary approach to solve nutritional problems. Indirect policy instruments include long term strategies for achieving national goals through indirect institutional or structural changes such as : a) ensuring food security i.e., improving availability of food, b) improvement in dietary patterns by ensuring availability of nutritionally rich foods and c) poverty alleviation for rural and urban poor through employment generation schemes and public distribution system, implementing land reforms, improving health and family welfare, prevention of food adulteration, involvement of media, basic nutrition and knowledge, monitoring of nutrition programmes, improvement of status of women, education and literacy and community participation.</p> | |
| 15 | <p>National Nutrition Policy was prepared by which department in India?</p> <ul style="list-style-type: none">a) Food Processing Departmentb) Farmers Welfare Departmentc) Women and Child Development Departmentd) Health and Family Welfare Department | 1 |
| 16 | <p>Identify the beneficiary group under Integrated Child Development Services (ICDS).</p> <ul style="list-style-type: none">a) Pregnant and lactating mothersb) Farmer Classc) Elderlyd) Adult | 1 |
| 17 | <p>What is the main objective of food fortification?</p> <ul style="list-style-type: none">a) Nutritional deficiencyb) To supplement the nutritional deficiencies in foodc) Making foods tastierd) Making foods more attractive | 1 |
| 18 | <p>Which of the following is an incorrect statement?</p> <ul style="list-style-type: none">a) Vitamin A deficiency causes night blindnessb) Iron deficiency causes Anaemiac) Iodine deficiency causes goitred) Macronutrient deficiency causes “Hidden hunger” | 1 |

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| | <p>Colour is all around us in many forms. It is one of the most important aspects of all textile materials – be it for apparel, household, commercial or institutional use. The identity of the product is most often attributed to colour. Everyone responds to colour and has definite preferences. Colour reflects the season, events and the spirit of people. The choice is affected by culture, tradition, climate, season, occasion or purely personal reason. Colour is an important part of fashion. Designers carefully choose fabric colours to make definite statements.</p> | |
| 19 | <p>The lightness or darkness of a colour is called _____.</p> <ul style="list-style-type: none">a) Hueb) Valuec) Intensity (Chroma)d) Spectrum | 1 |
| 20 | <p>White, black, grey, silver and metallics colours are called _____.</p> <ul style="list-style-type: none">a) Primary Coloursb) Secondary Coloursc) Tertiary Coloursd) Neutral Colours <p style="text-align: center;">OR</p> <p>Study of colour is dependent on _____.</p> <ul style="list-style-type: none">a) Lineb) Formc) Textured) Light | 1 |
| 21 | <p>_____ colour has maximum value on gray scale.</p> <ul style="list-style-type: none">a) Blackb) Whitec) Grayd) Red | 1 |

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| | <p style="text-align: center;">OR</p> <p>_____ utilises one hue and a neutral or an achromatic colour.</p> <p>a) Monochromatic harmony b) Achromatic harmony c) Accented neutral harmony d) Analogous harmony</p> | |
| | SECTION C | |
| 22 | <p>Radha teaches in a school, suggest her any four soft skills required at her workplace.</p> <p style="text-align: center;">OR</p> <p>In what four ways can social entrepreneurs help our society?</p> | 2 |
| 23 | Write two effects each of IDA and IDD. | 2 |
| 24 | <p>Name any four organizations that provide hospitality services?</p> <p style="text-align: center;">OR</p> <p>List any four career avenues related to 'Hospitality Management'.</p> | 2 |
| 25 | Define Development and Development Communication. | 2 |
| 26 | Name any four places, where clothes are cared for and maintained. | 2 |
| 27 | How does S.O.S. children's village provide long-term support to orphans and abandoned children? | 2 |
| 28 | Rama is designing a suit for a woman whose belly is enlarged, give three suggestions each for removing the emphasis on belly and bringing harmony in that suit. | 3 |

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| 29 | <p>Give any two reasons that why youth are vulnerable. Describe any four important needs of youth.</p> <p style="text-align: center;">OR</p> <p>Describe any six programmes operating in our country for elderly.</p> | 3 |
| 30 | <p>Describe any two characteristics of the washing processes in the laundry of Health and Hospitality sectors. Give two examples of each sector.</p> <p style="text-align: center;">OR</p> <p>You are employed in an commercial laundry -</p> <ul style="list-style-type: none">a) Write any two objectives of the care and maintenance of the clothes used in the institutions.b) Laundry is both art and science, explain with any two points. | 4 |
| 31 | <p>Write any two significance of food quality and food safety. Give two differences between chemical and biological hazards.</p> | 4 |
| 32 | <p>Sarika has started a new pre-school. What are the eight points by which she can make parents aware of the benefits of pre-school education?</p> | 4 |
| 33 | <p>Describe any four processed foods based on the extent and type of processing.</p> | 4 |
| 34 | <p>Explain what is meant by clinical nutrition and it's any two significance to your friend. Describe any three knowledge and skills to become a Clinical Nutritionist or Dietitian?</p> | 5 |
| 35 | <p>Your younger sister who is studying in school, she has got the project to write five important definitions on consumer education. Give her proper guidance about this topic.</p> | 5 |

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| | <p style="text-align: center;">OR</p> <p>Rakhi wants to pursue career in consumer related field, tell her about any four advantages of consumer education and six career opportunities in this field.</p> | |
| 36 | <p>What do you understand by the term fashion merchandiser? Describe four ways of market segmentation.</p> | 5 |

