

Medicinal plants

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S. No	Common Name	Tamil Name	Botanical Name	Family	Plant part used	Medicinal Uses
1	Holy basil	துளசி	<i>Ocimum sanctum</i>	Lamiaceae	Leaves and Roots	The leaves are stimulant, antiseptic, anti-hypertensive and anti-bacterial and expectorant used in bronchitis. Decoction of roots is given as a diaphoretic in malarial fever.
2	Indian gooseberry	நெல்லி	<i>Phyllanthus emblica</i>	Phyllanthaceae	Fruit	It is a potent rejuvenator and immune modulator. It has anti-ageing properties. It helps to promote longevity, enhance digestion, treat constipation and reduce fever and cough.
3	Indian Acalypha	குப்பைமேனி	<i>Acalypha indica</i>	Euphorbiaceae	Leaves	Used to cure skin diseases caused by ringworms. Powdered leaves are used to cure bedsores and infected wounds.
4	Vilvam	வில்வம்	<i>Aegle marmelos</i>	Rutaceae	Fruit	The unripe fruit is used to treat problems of stomach indigestion. It kills intestinal parasites.
5	Veldt grape	பிரண்டை	<i>Cissus quadrangularis</i>	Vitaceae	Stem and root	Paste obtained from the powdered stem and root of this plant is used in bone fractures. Whole plant is useful to treat asthma and stomach troubles.